

## The Polytrauma Network Site

Our team of highly qualified rehabilitation experts blend unmatched experience with advanced technology and the creative spirit that has led to many important initiatives in the art and science of rehabilitation medicine.

With a positive and caring attitude, the Polytrauma Network Sites offer a powerful catalyst for new hopes and possibilities as veterans are reintegrated into their home communities.



## The Polytrauma Team includes rehabilitation professionals such as:

- Physical Medicine & Rehab Physician
- Rehabilitation Nurse
- Social Work Case Manager
- Physical Therapist
- Occupational Therapist
- Speech and Language Pathologist
- Vision Rehabilitation Specialist
- Recreational Therapist
- Vocational Rehabilitation Specialist
- Psychologist/Neuropsychologist
- Prosthetist/Orthotist
- Chaplain



## How To Refer

Veterans and health care professionals are encouraged to contact the polytrauma team to discuss potential referrals of any combat and non-combat injured veterans who may meet criteria for the program. Victims of stateside traumatic accidents, such as motor vehicle or motorcycle accidents, may also be considered for eligibility for the program.

Please feel free to contact us with questions or to discuss ANY veteran or service member that you believe may need our services. Our team would be happy to review and discuss all potential patients on a case-by-case basis.

Health care professionals within VISN 22 may send an electronic consultation to the Polytrauma Team by accessing the PM&RS consult menu.

**Polytrauma Social Work Case Manager**  
**Geeta Isardas, MSW**  
**310-478-3711 x44879**  
[Geeta.Isardas@va.gov](mailto:Geeta.Isardas@va.gov)

**Polytrauma Nurse Case Manager**  
**Katina Holliday**  
**310-478-3711 x44559**  
[Katina.Holliday@va.gov](mailto:Katina.Holliday@va.gov)

**National Polytrauma Call Center**  
**(888) 827-4824**



# Polytrauma Network Sites

**Reintegrating Wounded Lives**



**VA Greater Los Angeles Healthcare System**  
**11301 Wilshire Blvd**  
**Los Angeles, CA 90073**





*The Polytrauma System of Care reflects VA's commitment to care for the men and women who have served in uniform. A reality of combat is that some return with loss of limbs, traumatic brain injuries, and other severe injuries.*

## What is Polytrauma?

The term polytrauma is used to refer to injuries to multiple body parts and organ systems that may cause long term impairments and functional disabilities. Some of the most common injuries may include:

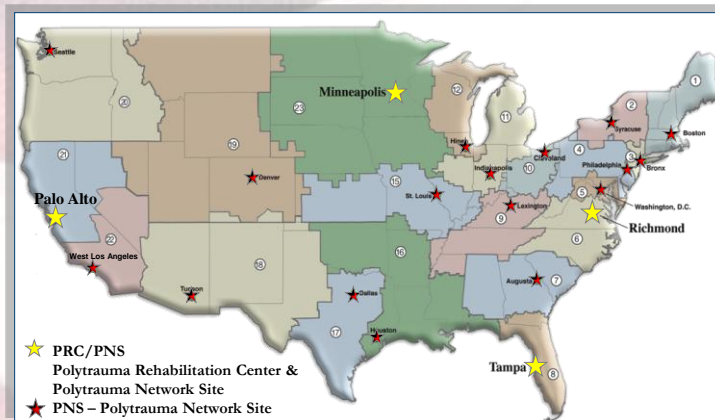
- Traumatic brain injury (TBI)
- Fractures
- Burns
- Skin or soft tissue injuries
- Spinal cord injury
- Hearing loss or damage
- Visual impairments or blindness
- Traumatic amputations
- Post-traumatic stress disorder (PTSD)

Such injuries may be the result of combat from such sources as blasts or explosions, gunshot wounds, motor vehicle accidents, and blunt force traumas.

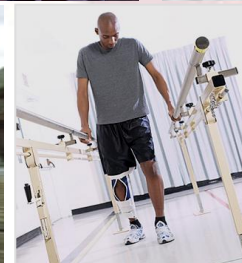
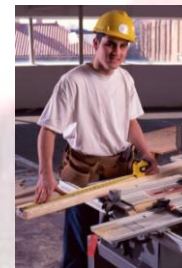
## Recognizing Polytrauma

- The diagnosis of polytrauma may not always be obvious.
- Subtle signs of brain injury (dizziness, irritability, confusion, memory loss, sleep disturbance, headaches) may be missed.
- Keep high index of suspicion to refer in cases of:
  - Blast injury or exposure to blasts, or
  - History of loss of consciousness

## Polytrauma System of Care



- The four VA Polytrauma Rehabilitation Centers (PRC), located in Minneapolis, Palo Alto, Richmond, and Tampa, provide acute intensive inpatient rehabilitation.
- Polytrauma Network Sites (PNS) have been established in each Veterans' Integrated Service Network (VISN).
- VA Greater Los Angeles is the PNS for VISN 22.



## Role of the Polytrauma Network Sites

- Providing specialized post-acute polytrauma rehabilitation in the appropriate setting that meets the needs of veterans, service members, and their families.
- Developing and managing interdisciplinary rehabilitation treatment plans in consultation with the PRCs.
- Providing proactive case management for existing and emerging conditions.
- Identifying resources for VA and non-VA care across the VISN.

